



# Kennicott Wilderness Guides



## KWG Backpacking Packing List

**\*let us know if there is anything KWG can help provide you with\***

### **Footwear**

- Socks: 3 pairs of good mid-weight wool or synthetic hiking socks
- Boots: Hiking boots should be above the ankle, and waterproof is a plus. The most important thing is that they are comfortable! Leather boots should be treated with Nikwax or a similar product

### **Recommended Upper Body Layer System**

- Tee Shirt(s)-non cotton
- Base layer long sleeve-non cotton
- Medium weight/fleece layer
- Vest or other mid weight insulating layer
- Medium weight jacket-Down/Synthetic or a fleece lined windbreaker

### **Lower Body Layer System**

- Hiking Pants-fast dry
- Base layer-silk or light weight, non-cotton
- Light to medium weight long johns for sleeping

### **Shell Layers**

- Pants and Jacket: Alaska is an unpredictable place so staying dry is important. Your shell layers should be able to keep you dry while hiking in wet, cold conditions.

### **Head and Hands**

- Warm hat
- Baseball Hat- or other sun hat
- Liner gloves
- Light weight fleece gloves
- Waterproof shell gloves recommended

### **Sleeping**

- Sleeping Bag-rated to 15 or 20 degrees F. Should be packable into a compression stuff sack
- Sleeping Pad- foam pads or inflatable pads work well

### **Backpack**

- Internal or external frame pack with at least 70 liter capacity. Be sure it is properly fit and comfortable.

### **Miscellaneous**

- Water Bottle- or hydration bladder
- Cup or Mug, Bowl, Spoon- lightweight non breakable plastic or metal
- Sunglasses
- Sunscreen
- Lip balm

### **Optional Gear**

- Camera-you want to have one with you, believe us
- Heavy weight trash bag (contractor bags) or lightweight backpacking dry bags- to line your backpack and keep contents dry
- Sandals/Sneakers/ Camp Shoes- necessary for routes that involve more serious or multiple creek crossings, but nice to have for camp shoes on all trips
- Bandana- these can be good for sun protection, face washing, etc
- Bug Spray- there are some okay alternatives to DEET, notably lemon eucalyptus
- Head Net- recommended for some trips, can be provided by KWG
- Small Stuff Sacks- Good for organizing gear inside your pack
- Tents- If you have your own backpacking tent you like, we recommend that you bring it